



For Immediate Release

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Mental health nonprofit, Journey's Dream, earns spot in prestigious City Gala program

Interviews with Journey's Dream co-founders, Mark Hattas, Mitzi or Rex Montague-Bauer and Breaha Wallin available before, during and after the event

CHICAGO – Your mental health diagnosis does not have to define your future. You can get well, and live a full and satisfying life. That's the vision behind [Journey's Dream](#), a nonprofit that aims to serve as a portal to a world of mental health solutions.

[City Gala](#) supports nonprofits that are aligned with one of the 17 [Global Goals](#) identified by our world leaders through training, capacity-building and fundraising. Notable supporters and partners of City Gala include: Sir Richard Branson, John Travolta, Matthew McConaughey, James Cameron, Halle Berry, Charlize Theron, Ashton Kutcher, Quincy Jones and Sean 'Diddy' Combs. Journey's Dream will be formally announced as a beneficiary by Mario Lopez of "Extra TV" at [City Summit](#) Wealth Mastery & Mindset edition, the world-class, socially conscious business acceleration event, held July 10 and 11 at Allure Banquet in Van Nuys, CA.

"Journey's Dream was selected as a beneficiary of City Gala based on the passion, heart and focus of its co-founders," said Ryan Long, founder of City Gala and City Summit. "They shared their beautiful and compelling story with me, and I know without a doubt that Journey's Dream is going to touch the hearts and lives of billions."

Almost 44 million Americans experience mental illness in any given year, according to the National Institute of Mental Health. From widespread maladies like anxiety and depression, to headline-making crises like PTSD among veterans and opioid addiction in rural communities, mental illness takes a real toll on American families. The partnership with City Gala and upcoming City Summit further equip Journey's Dream to bring these mental health challenges out of the shadows, face them head-on, and fill an enormous need for accessible resources and hope.

City Summit, Wealth Mastery & Mindset Edition will be held at the Allure Banquet in Van Nuys, California on July 10 and 11, 2018. The event features over 30 speakers including:

- Mario Lopez, "Extra TV"
- Byron Scott, Former Los Angeles Lakers Coach and Championship Player
- Frank Shankwitz, Founder of Make-A-Wish
- Tony Horton, Creator, P90X
- Alec Stern, Co-Founder, Constant Contact
- Brian Smith, Founder of Ugg Boots
- George J. Chanos, Former Attorney General of Nevada

"I started City Summit so that we could have a place for our community to network and learn from each other. I noticed that simply throwing the City Gala as a stand-alone fundraiser did not maximize the exposure for our beneficiaries, so we implemented the Wealth Mastery & Mindset Summit to keep the conversation going throughout the year. Ever since its inception, the City Summit has had more multi-million and billion-dollar founders deliver massive amounts of value to socially conscious entrepreneurs. Our community gets to network and share their business techniques, tools and secrets for mastering their craft," said Ryan Long.

Mark Hattas, a Naperville, Illinois, resident who started a \$20 million/year tech company, knows from experience that a mental-illness diagnosis does not determine your fate; he co-founded Journey's Dream and will be representing the organization at the City Summit.

To request additional information and advance interviews, media can contact Breaha Wallin at breaaha@journeysdream.org or 517-449-4342.

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About Journey's Dream

Journey's Dream is the flagship project of Hattas Shay International (HSI), a not-for-profit organization. Our mission is to connect those touched by mental health challenges with programs and resources that support renewed hope and wellbeing. Our vision is that all people are empowered and equipped to achieve and sustain optimal health, joy and wellbeing.

About City Summit and City Gala:

The City Summit is a world-class, socially conscious business acceleration experience, founded by social entrepreneur Ryan Long to educate, network and inspire entrepreneurs. The City Gala's vision is to advance community through humanitarian activities and events. Founder Ryan Long volunteers for the beneficiaries of the gala for a full year prior to the event. Long's goal is to train, develop and assist each beneficiary of the gala that is aligned with solving the world's global grand challenges.